



Graham's Grille
by Lesley B Fay



Valentines Day

Tuesday, February 14th
5:00 - 9:00 pm

Favorite Love Songs by Chris Wyndham

For Valentine's Day, we always add an additional dose of love to our menu along with some history of sexy food and aphrodisiacs (the word aphrodisiac comes from Aphrodite, the goddess of sexuality and love).

Oysters are probably one of the best known aphrodisiacs. But the list contains sugarplums, truffles, asparagus spears, hazelnuts, strawberries, licorice, chiles, anchovies, scallops and of course chocolate. There are also hundreds of other things revered for their aphrodisiac qualities that might not be as delicious but to many as seductive as the soulful tones of Barry White; goat's eyes, monkey brains, fugu (blowfish), which can lead to pleasurable tingling and much-less-pleasurable death, slime eel, lard and blood of a venomous snake.

Desserts First

Chocolate Lovers Plate for Two 13.5

Decadent Chocolate Torte with Chocolate Whipped Cream, Gianduja (hazelnut chocolate) gelato in a chocolate cup, white chocolate cream puffs, chocolate mint truffles & fresh strawberries served with mini cups of Mexican Hot Chocolate

*Why does eating chocolate make us so happy?
The "food of the gods" helps the brain produce feel-good serotonin.*

Meyer Lemon Shortbread Tart 8.5 with bruleed swiss meringue and fresh raspberries

Citrus fragrances can do a really good job to stir up a woman's passion.

Pavlova topped with Champagne Sorbet and a trio of berries 7.5

Pavlova is a meringue cake with a light, delicate, crisp crust and a soft sweet marshmallow center

Champagne, need I say more?

Passion Fruit Panna Cotta (egg-free pudding, similar to flan) 6 with fresh kiwis, pineapple & mango

Gianduja (chocolate hazelnut) gelato in a chocolate cup 7.5 with candied hazelnuts & whipped cream



Starter Choices

Baked Oysters Rockefeller (spinach & bacon in a béchamel sauce) **on the Half Shell 13**

These mouthwatering mollusks are a classic aphrodisiac.

Casanova ate 50 raw oysters every day.

Housemade Beet Raviolis in a goat cheese, crème fraiche & scallion sauce 9
topped with toasted walnuts & parmesan reggiano cheese

Since Pompeii, suggestive murals show beets to be a popular aphrodisiac.

Lesley's New Mexican Crab Cakes with green chile & corn 13.5
served with chipotle lime aioli

Soup & Salad

Dried Apricot, Candied Pepitas, Carrots, & Spinach Salad with Feta Fritters 9/13.5

Shakespeare drew upon the apricot's reputation as an aphrodisiac in A Midsummer Night's Dream.

Smoked Tomato & Fresh Basil Bisque served with parmesan crackers 5/7

Basil is said to kindle the sex drive and increase fertility.

Entree Choices

Ribeye Steak with Black Truffle Butter, served with cheesy twice baked potato 23

Truffle. As soon as the word is spoken, it awakens lustful and erotic memories.

Caribbean Pork Tenderloin topped with Cranberry Mojo Sauce on Soffrito Rice 17.5

Cranberries, Sacred to the Finnish goddess of Marjata who was thought to have given a virgin birth after conceiving her son by swallowing a whole cranberry

Spanish Paella; Blue Crab, littleneck clams, atlantic mussels, wild gulf shrimp, 21
free range chicken and bilbao Spanish chorizo
served on saffron & green pea rice

Cleopatra used saffron in her baths so that lovemaking would be more pleasurable.

Hazelnut Crusted Seabass 18.5

topped with Lemon Frangelico Buerre Blanc on Risotto

Hazelnuts have a reputation of being an aphrodisiac maybe because 'nutting' was a community event that provided welcome opportunities for disappearing behind the bushes with a sweetheart.

Housemade Beet Raviolis in a goat cheese, crème fraiche & scallion sauce 17
topped with toasted walnuts & parmesan reggiano cheese

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